



IMPACT REPORT 2021



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**"Sky's the Limit Fund...
That's like a gift that keeps giving."**



PRESIDENT'S MESSAGE

Dear Friends of Sky's the Limit Fund,

What a year it has been for everyone. Unrelenting upheaval of every facet of our lives, loss of jobs, schooling, many freedoms, and most of all lives, many whom we love and many more we do not even know. Amongst all this upheaval, unparalleled numbers of young people needed wilderness therapy, as issues that might be mitigated in the home were exaggerated by the isolation of the pandemic.

Yet, I keep hearing how grateful so many are despite all the challenges of this pandemic. People are grateful for having a healthy family and more family time, and for the small things like a good meal and taking a walk. And we, at Sky's the Limit Fund (STLF), are extremely grateful for our supportive partner programs and their phenomenal staff and therapists, our hardworking staff and involved Board of Directors, and most of all our caring donors. Together we support youth in crisis and their families.

STLF enters its 12th year stronger than ever. We had a year of unprecedented donations, exceeding our 2021 fiscal year revenue budget by \$1.1 million, and 2020 fiscal year actual revenue by \$596,000. We provided \$821,099 of support to 179 youth in crisis to attend life-changing wilderness therapy programs, 38 more youth than in 2020. New Vision Wilderness and Evoke Therapy Programs became STLF partner programs. We continue our groundbreaking research study with Outdoor Behavioral Healthcare Center on the effects of Wilderness Therapy. STLF is so grateful to be able to transform lives of youth and young adults and thus the future for so many young people.

I am blessed and grateful to be the Board President for one more year. It's been a quiet year in some ways, but an oh so successful year too for STLF. We miss getting together in person and hope that you will join us for our gala on April 23, 2022. Mark your calendars as it's going to be very special.

Again, thank you for all you do for Sky's the Limit Fund. From our hearts to yours, we are eternally grateful.

All my best,

Lisa O'Hearn-Keck

Lisa O'Hearn-Keck
Board President



CO-FOUNDERS' MESSAGE

We appreciate the opportunity to share with you the impact Sky's the Limit Fund made in fiscal year 2021. Because of so many generous donations, we are able to meet the increased need for our services. As you can imagine, the ripple effect of the pandemic has created a significantly higher number of families in crisis. Stress and anxiety, substance abuse, and feelings of isolation and depression are all heightened during this difficult time. Parents hope to get their child into a wilderness therapy program, but simply do not have the means because of lost wages, furloughs, company closures, etc. Envision yourself as that parent, not able to help your child. Sky's the Limit Fund was able to step in and help a record number of children get to wilderness therapy programs this past fiscal year.

To meet the increased needs, we expanded our staff. We welcomed Mackenzie Keefe as a Young Adult Coach and Stephanie Smith as a Family Coach. Our Board of Directors continues to watch over the organization, focused not only on the present need, but future growth and development. We welcomed three new Board members, Ty Bemis, Jennifer Taylor, and Brenda Zane, all of whom bring strong governance, industry, and fundraising experience.

Lastly, we continue to partner with some of the best wilderness therapy programs in the Outdoor Behavioral Healthcare industry. We added Evoke Therapy Programs and New Vision Wilderness to our Partner Program, expanding our reach and supporting more youth in crisis and their families.

With sincerest gratitude for your continued support,
Rochelle Bochner & Lani Dorff

Thanks to you, **179**
youth

participated in wilderness
therapy programs in 2021.





Our Mission

Sky's the Limit Fund transforms the lives of youth in crisis and their families by providing access to wilderness therapy programs, coaching services to guide families during the transition home, and outreach programs to educate the community on the benefits of wilderness therapy.

About Us

Sky's the Limit Fund (STLF) was co-founded by Rochelle Bochner and Lani Dorff. After experiencing the life-saving impact that wilderness therapy had on their son, Rochelle and her husband determined that wilderness therapy should be available to ANY youth in crisis. Joining their endeavor, Lani worked with Rochelle to form STLF to raise funds to support youth in crisis and their families. Unfortunately, wilderness therapy is very expensive and rarely covered by health insurance companies. STLF makes wilderness therapy accessible to qualifying youth in crisis and their families who could not otherwise afford this expensive but effective treatment. Importantly, STLF also provides critical transitional support to the family when the youth returns home from wilderness therapy or aftercare. As wilderness therapy becomes more widely accepted and recognized as an effective form of therapy, STLF's support is more necessary every year.

STLF does not charge fees for its services and 100% of the agency's revenue is generated through donations. STLF's model is unique as we provide access to wilderness therapy as well as a transitional support service. In addition, our business model requires our Wilderness Therapy Partner Programs to match our funding, effectively doubling your donation.

Adapting to Change

The COVID-19 pandemic has affected everyone. This is uncharted territory and the impact on mental health is significant. The number of applications for support continues to increase year after year, and all STLF families have been impacted financially, mentally, emotionally and/or physically by the pandemic. STLF quickly pivoted and adapted to the new "normal" by collaborating with our partner programs to ensure we continued to safely and effectively serve as many youth in crisis and their families as possible, by hosting virtual fundraising events and a Speaker Series, and connecting with donors and exceeding fundraising goals. Evoke Therapy Programs and New Vision Wilderness joined our Partner Program, two respected and AEE OBH (Association of Experiential Education, Outdoor Behavioral Healthcare) accredited programs. To better serve our young adults, we expanded our Coaching Service to include Young Adult Coaching. And, to further support our families post-wilderness therapy, we created our Local Continuum of Care program which launched on July 1, 2021.

Fiscal year 2021 was a busy, challenging and successful year. We are so grateful for your continued support and commitment to our mission and our work. Together we served more youth in crisis and their families and provided them with the opportunity to lead healthy and productive lives.

Our Services

TRANSFORM


Wilderness therapy is very expensive and cost-prohibitive to low- and moderate-income families. Believing that cost should not be a barrier to anyone seeking wilderness therapy treatment for their child, Sky's the Limit Fund provides financial assistance to offset the high cost and enable youth and young adults in crisis to attend one of our Wilderness Therapy Partner Programs. Our funding is matched by our partner programs, further reducing the financial burden for each family.

REUNITE

We offer a comprehensive coaching service to clinically approved families and young adults to help the youth/young adult and family with the transition from wilderness therapy back into the home, or to an independent living environment for the young adult. Our service is led by four trained STLF Coaches. Our hands-on approach helps guide the family toward a healthier, functioning family system by supporting and expanding on the new skills they acquired during wilderness therapy. This 12- to 15-week service is offered free of charge to all STLF families. We also offer this service to non-STLF families for a nominal fee. In addition, STLF provides families and young adults participating in the Coaching Service the opportunity to be reimbursed for up to \$2500 of treatment for the youth or young adult in his/her home community. This funding helps alleviate the additional financial burden of post-wilderness therapy treatment placed on our families.

SUPPORT

Sky's the Limit Fund provides families with guidance, mentors, and resources to give them the emotional and practical support and strength to successfully navigate the treatment process. The Wilderness Connect Group specifically supports young adults during their transition from wilderness therapy back home or to an independent living environment. We also host events and outreach activities to educate and bring awareness to the community on the efficacy and benefits of wilderness therapy and transitional support.



"The support from STLF made it possible for us to even consider wilderness therapy...STLF made it possible to get our daughter the much-needed help. Today she is thriving and doing much better. She has goals to go into nursing and has talked about wilderness nursing or even being a therapist to give back."

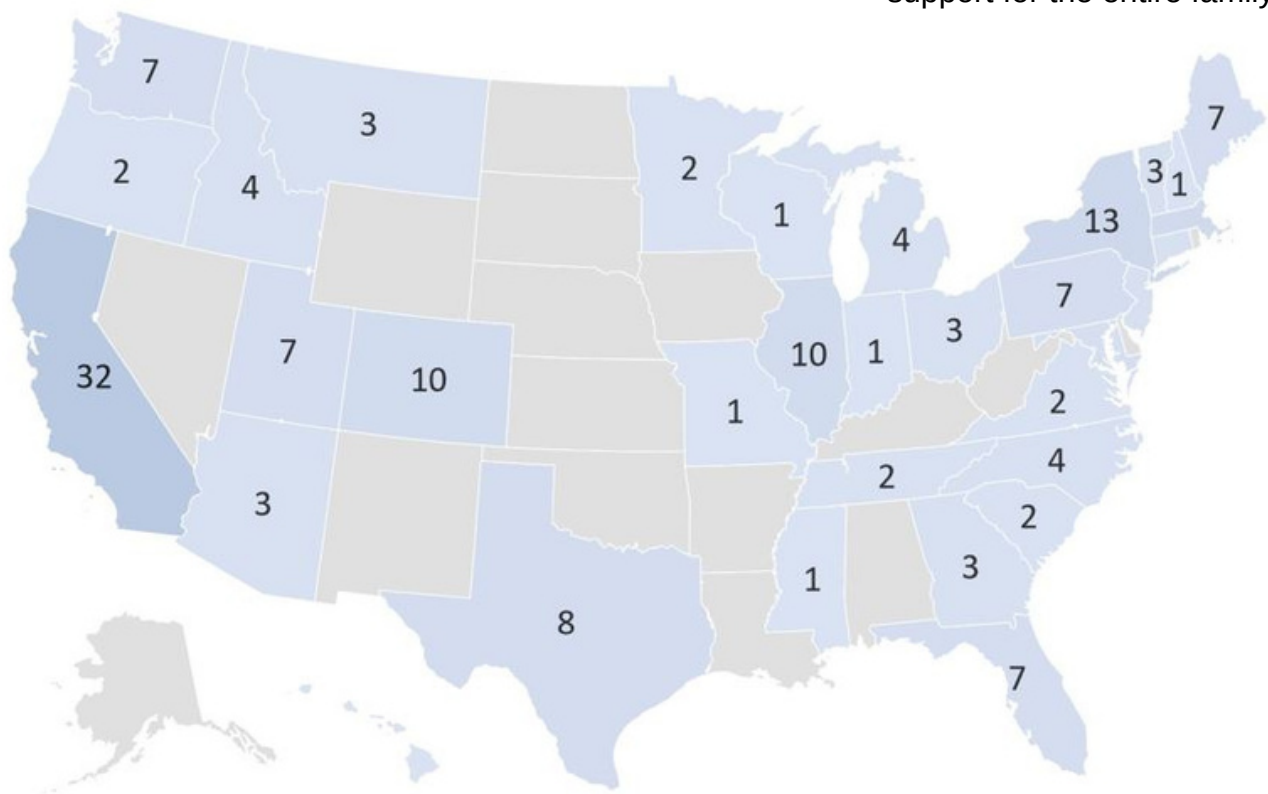
ABOUT OUR FAMILIES

179
Youth in
33
States

We served 179 youth/young adults and their families from 33 states* in fiscal year 2021. Participants are diverse and include, but are not limited to, Asian, Black/African American, Hispanic/Latino, American Indian/Alaskan Native and White.

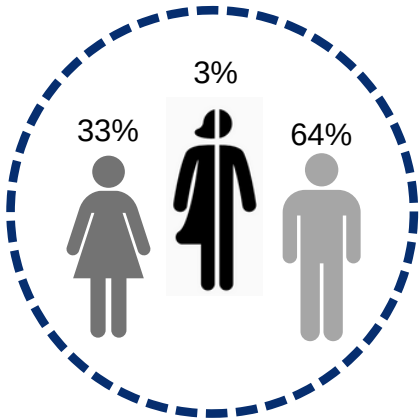
49

Families participated in our Coaching Service which provides transitional support for the entire family.



AGES

11-13 years 16%
14-17 years 68%
18-26 years 16%



GENDER

33% Female
64% Male
3% Gender non-conforming

*We accept applications from any youth whose primary residence is in the United States.
Gender, age and ethnicity as reported by families.

OUR DONORS

Through the generosity of over
4,015
donors, the impact on youth in crisis continues to grow.

11
Years

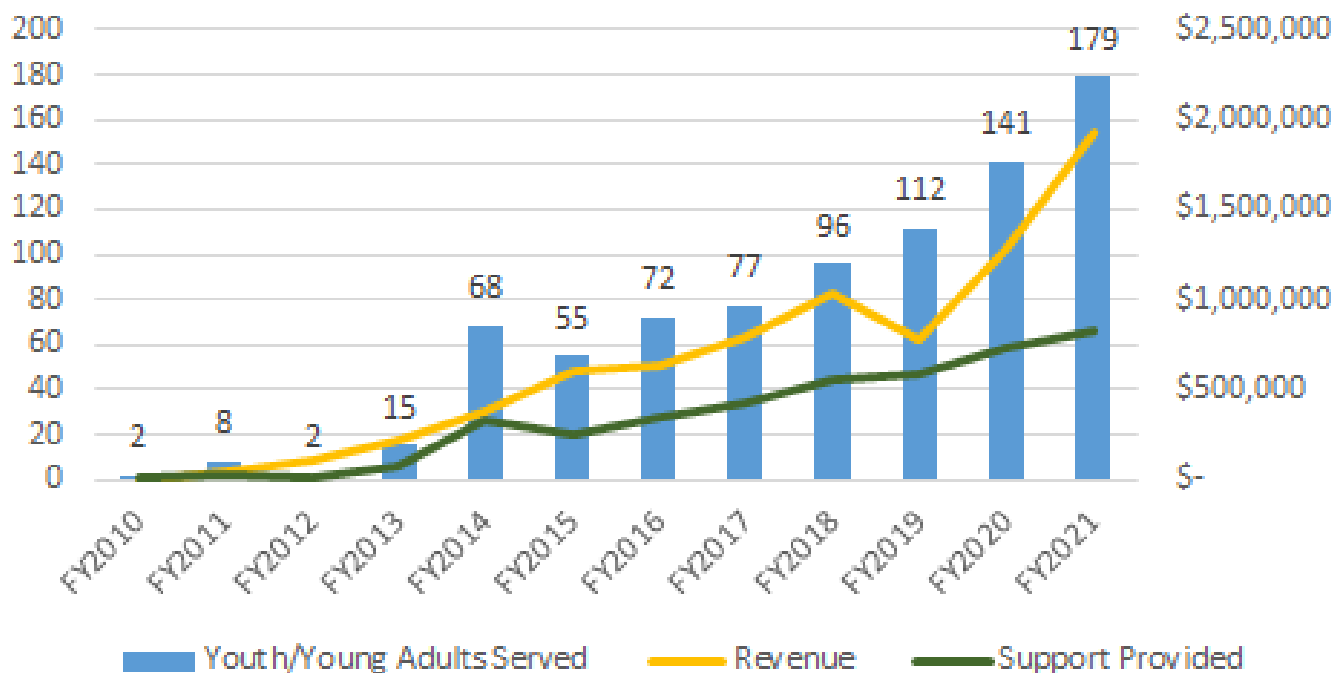
165
Families/Young Adults supported in STLF
Coaching Service

871
Youth/Young Adults provided access to
wilderness therapy

\$4.4M
Support provided to Youth/Young Adults
and their families

\$8.4M
Total support provided to Youth/Young
Adults with partner program match

Growth



GRATITUDE



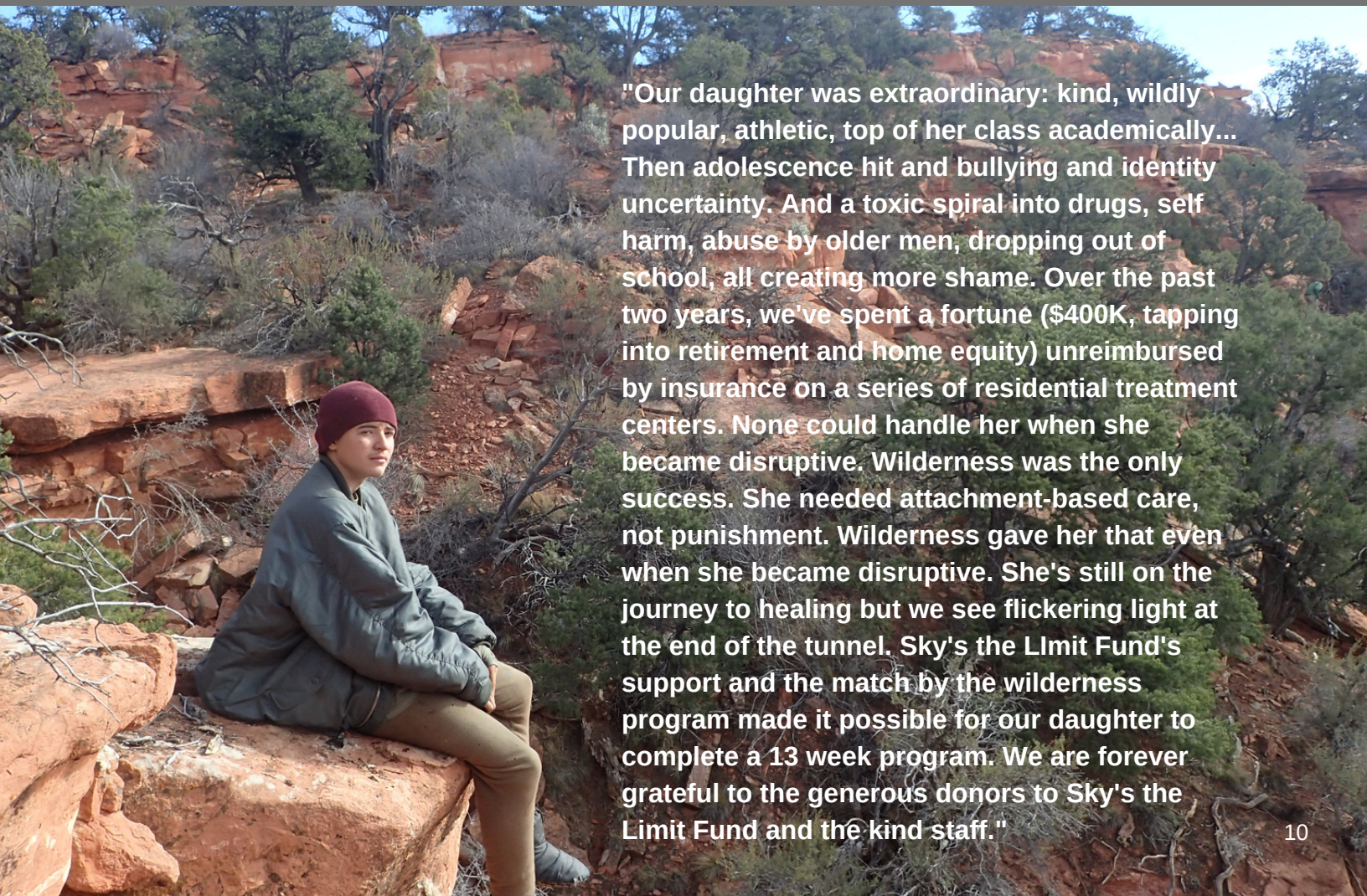
"Our family was in crisis and needed support expeditiously. We were met with referrals and resources including a wilderness program and support through STLF. Had there not been a wilderness Intervention and financial support, we are not sure where we would be today. We were in a dire situation. Upon completion of the program, our family needed continued support and we were so grateful to receive coaching for us and for our son. With the coaching support, we were able to set and maintain healthy boundaries and have realistic expectations. Our son is doing very well and has gone on to be a direct line worker in a similar program. He wouldn't be where he is today had we not had the resources and support that was provided by STLF. Thank you to those who have chosen to provide financial support to STLF."

"Wilderness therapy was the best thing I've ever done for myself in a long time. It forced me to confront the underlying issues surrounding my trauma and the symptoms such as an eating disorder and self harm."



"Being able to have STLF's support in order to go to wilderness seriously changed my life. I was not only able to improve my own mental health, but also create a stronger connection with my dad and step-family, and now even in darker moments, I feel more confident in myself and more capable to get through life's challenges. I am so grateful to have had the opportunity to go to wilderness, and I feel so lucky for the positive and life-changing experience."

"The wilderness experience probably saved my son's life. He struggled so deeply during the first semester of college he descended into a deep depression. The experience at wilderness turned him around and he grew in many ways... The experience is not a magic solution that wipes away all struggles. My son still has a long way to grow and develop but he has the tools to make that progress. We could not have done this without the support we received from STLF. Thank you to everyone at STLF and everyone who supports STLF. I owe you an inestimable debt for the impact on my son. Thank you."



"Our daughter was extraordinary: kind, wildly popular, athletic, top of her class academically... Then adolescence hit and bullying and identity uncertainty. And a toxic spiral into drugs, self harm, abuse by older men, dropping out of school, all creating more shame. Over the past two years, we've spent a fortune (\$400K, tapping into retirement and home equity) unreimbursed by insurance on a series of residential treatment centers. None could handle her when she became disruptive. Wilderness was the only success. She needed attachment-based care, not punishment. Wilderness gave her that even when she became disruptive. She's still on the journey to healing but we see flickering light at the end of the tunnel. Sky's the Limit Fund's support and the match by the wilderness program made it possible for our daughter to complete a 13 week program. We are forever grateful to the generous donors to Sky's the Limit Fund and the kind staff."

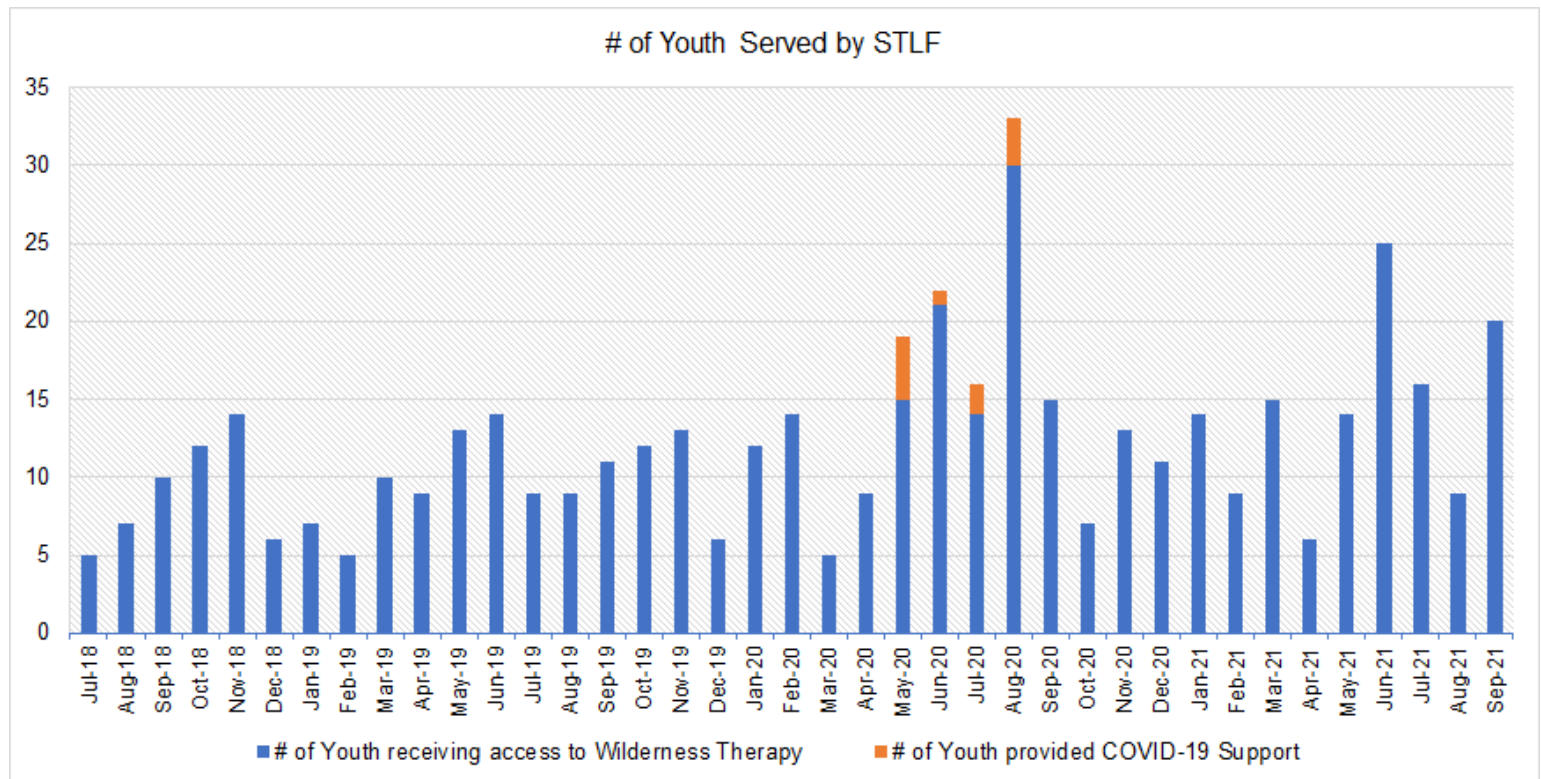
SUPPORTING THOSE IN NEED

Response to the Pandemic

The COVID-19 pandemic has changed the lives of everyone. The enormity of its impact on daily life demonstrates an even greater need for mental health services for our youth and young adults in crisis as they face challenges like never before.

- According to the recent survey in Mental Health America dated October 19, 2021, "2022 The State of Mental Health in America" (<https://mhanational.org/>):
 - 15.08% of youth experienced a major depressive episode in the last year.
 - Over 60% of youth with major depression do not receive any mental health treatment. And, even in states with the greatest access, nearly 1 in 3 are going without treatment.
 - Even among youth with severe depression who receive some treatment, only 27% receive consistent care.
 - Over 2.5 million youth in the U.S. have severe major depression.

During fiscal year 2021, we continued to see an increase in applications for support. Together with our Partner Programs, we were able to serve more families, increase the amount of financial assistance provided to the families, and extend our Coaching Service by offering an additional six weeks of support to the families during these challenging times.



"Our coach is the reason why I still have my sanity. We spend so much time validating actions...she went above and beyond to "hear" me. I have spent \$\$\$\$ on overpaid psychiatrists...our family coach is worth her weight in gold! I am eternally grateful for her wisdom and advice."

Coaching Service

STLF now provides coaching specific to young adults. This is in addition to the coaching provided to the parents of our youth and young adults. Offered free of charge, this 12- to 15-week direct service supports the young adult post-wilderness therapy. The support provided to young adults meets their specific needs and is offered independently of the support provided to the parent(s). The young adult may return home or to an independent living environment. This additional service allows the young adult to receive support while the parent(s)/guardian(s) engages with the Family Coach.



Local Continuum of Care

We provide families and young adults participating in the STLF Coaching Service the opportunity to be reimbursed for up to \$2500 of treatment for the youth or young adult in his/her home community. This may include individual and/or group therapy, counselor/mentor, IOP, psychologist, and/or psychiatrist. This funding helps alleviate the additional financial burden of post-wilderness therapy treatment placed on our families.



Wilderness Connect Group

STLF's Wilderness Connect Group is led by MacKenzie Keefe, our Young Adult Coach. The group provides a safe and healthy space for wilderness therapy graduates 18+ years of age to actively connect with and support other individuals who have been through wilderness therapy programs. The purpose of this group is to provide a space for graduates to remember they are not alone in their journey to integrate the skills they learned in the sanctity of wilderness into their current stage of life. The group's focus is on positive connection through discussion around personal experiences, wellness, and positive life skills integration. The Connect Group meets virtually several times a month.

"Our Coach was amazing, she helped guide us through the transition of bringing our daughter home. STLF is such an amazing resource, and there are no words that can describe how wonderful it is to have people like them on your side in your time of need."

FEARLESS FUNDRAISERS

A HUGE THANK YOU to these Fearless Fundraisers who together have raised over \$55,000. We are deeply humbled and inspired by their drive, passion, and dedication to transforming the lives of youth in crisis and their families through wilderness therapy.

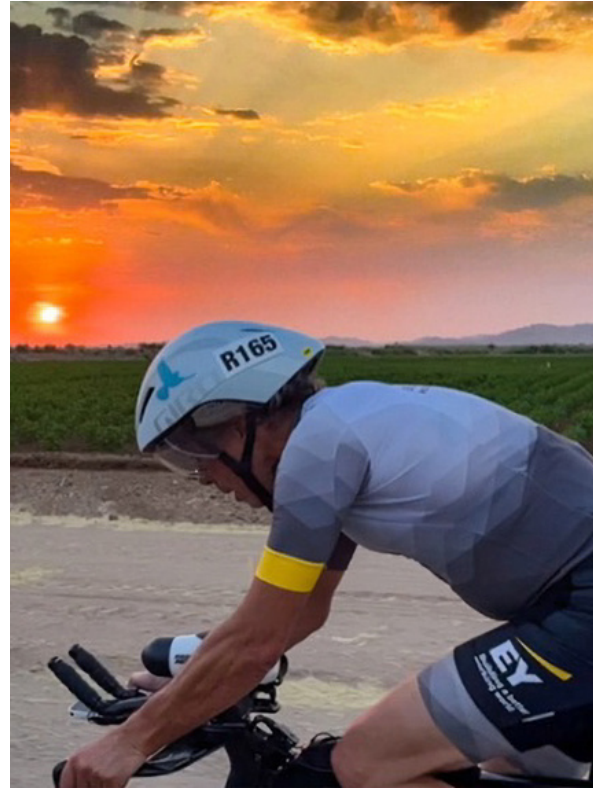
Paul Webb is a wilderness therapy alumni parent and ultra cyclist. RAW is Paul's second fundraiser for STLF.

David Chandler is the Field Director at SUWS. This is David's third fundraiser for STLF- he also ran and biked across America.

John Kraft is a nature enthusiast. He raises funds and awareness throughout his trek.

Frank Byrne, a friend of David, is raising funds and awareness through his reflections and experience as a field guide at SUWS.

Sophia Buie biked from San Diego to New Orleans in memory of her brother, Stu.



Paul Webb: 2021 Race Across the West (RAW)



David Chandler: 1000 miles for Wilderness Therapy



John Kraft: Trekking for Wilderness Therapy



Frank Byrne: Raising funds for Wilderness Therapy



Sophia Buie: Cycle for Stu

WILDERNESS THERAPY PARTNERS

Sky's the Limit Fund partners with 12 wilderness therapy programs across the United States from Hawaii to Maine. In fiscal year 2021 we added Evoke Therapy Programs and New Vision Wilderness to our Partner Program. Our fiscal year 2022 goal is to add two to three more wilderness therapy programs.

STLF's goal is to continue to expand in states where we do not have a partner, with programs that are highly accredited and that offer unique treatment options and/or focus on a specific mental health issue. We have a very thorough and extensive vetting and interview process to ensure the programs meet our standards. These standards include: maintaining a high level of accountability, transparency and safety, having a family component, and measuring outcomes.

Through our partnerships and funding, these wilderness therapy programs expand their reach to a culturally and economically diverse population of youth. We are inspired by the important work our partners do with the youth and families. We are grateful for their matching funds that further reduce the financial burden on the families.

\$615



2-3 months



\$50,000

Average daily cost to attend a wilderness therapy program.

Average length of stay in a wilderness therapy program.

Average total cost of a wilderness therapy program.

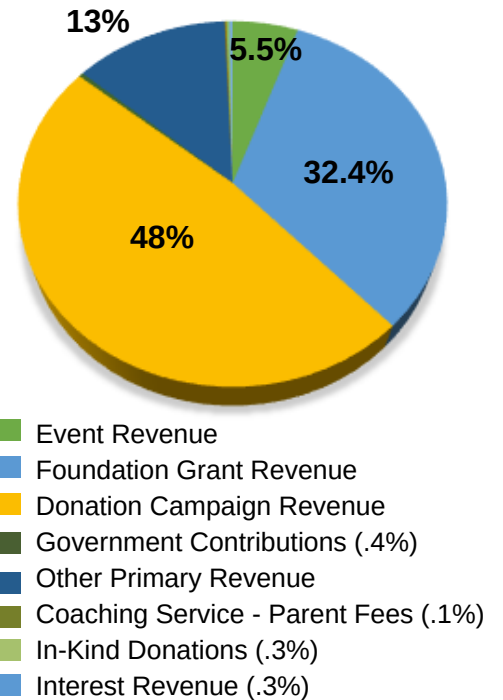


FISCAL YEAR 2021 FINANCIAL SUMMARY

In FY2021, STLF provided \$821,099 of support to 179 youth/young adults in crisis and their families. With STLF's Wilderness Therapy Partner Program match these families received over \$1.6 million in support, allowing these youth/young adults to attend a wilderness therapy program. As well, 49 of these families participated in our Coaching Service which provides transitional support for the entire family.

Revenue

Event Revenue	\$106,245
Foundation Grant Revenue	\$624,000
Donation Campaign Revenue	\$925,115
Other Primary Revenue	\$250,608
Government Contributions	\$7,000
Coaching Service - Parent Fees	\$2,700
In-Kind Donations	\$4,867
Interest Revenue	\$5,305
Total Revenue	\$1,925,840



Expenses

Wilderness Therapy Support Program	\$761,334
Other Program Service Expenses	\$267,319
Management and General Expenses	\$33,649
Fundraising Expenses	\$177,036
Total Expenses	\$1,239,338

Net Income **\$686,502**

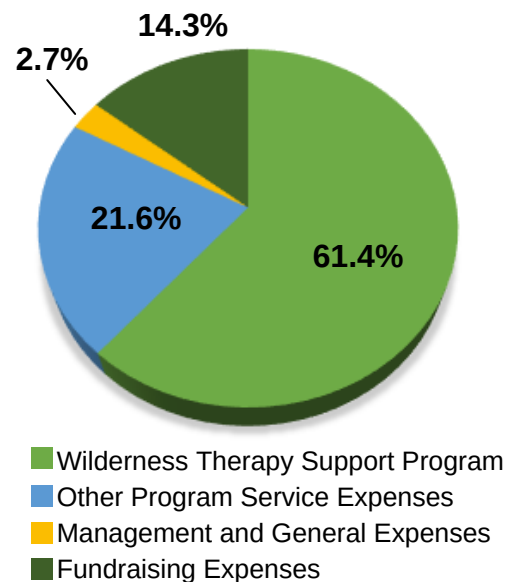
Assets

Cash: Non-Interest Bearing	\$1,650
Savings and Temporary Investments	\$286,807
Prepaid Expenses	\$6,250
Investments - Other Securities	\$1,362,423
Other Assets	\$778
Total Assets	\$1,657,908

Liabilities

Total Liabilities	\$0
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Fund Balance **\$1,657,908**



GRATITUDE



"I think that wilderness therapy was really the start of my healing journey. Before wilderness I struggled a lot with anger and resentment towards my situation. And going to wilderness kind of gave me an opportunity to take a step outside of the real world and just solely focus on myself. And there I learned, you know, tools, coping mechanisms to deal with these things that will come up in life. And also just reflect on the things that I had been through and start to really accept those for what they are, and heal from them, and move on as a healthier, happier person."

"The support from Sky's the Limit Fund gave us more capacity and more depth in the work we were able to do because it reduced the financial stress for us..I'm thankful for Sky's the Limit Fund and having a small community of people that could understand the experience that I was having and that my family was having, many of them because they had a similar experience. And that was a real support to me that I am thankful for."

*He left the house with no fire in his eyes. His shutters were closed, so to speak. As the weeks went by, you could see a small light in his eyes, and then you could see a small flame. And now it's almost as if it's burning out of control. It's so amazing. His therapist was amazing. I can't say enough about where he's at right now and how it makes me happy in my heart."



DONORS

Thank you to the following corporations, private foundations, and individuals for their generous gifts, support and dedication.

Corporations and Private Foundations

\$50,000 and above

Anonymous
Glenn Greenberg & Linda Vester Foundation c/o Brave Warrior
Lookout Foundation
The Fitzgerald Family Donor Fund

\$10,000 to \$49,999

ANASAZI Foundation	Rogers/Slater Foundation
Facebook	Stevens Family Fund
Los Altos Town Crier Holiday Fund	Vyuha Foundation
Mental Insight Foundation	Warmenhoven Family Foundation
Neeson Family Foundation	Wilson Sonsini Goodrich & Rosati Foundation
Open Sky Wilderness Therapy	Zucker/Uhrman Philanthropic Fund

\$5,000 to \$9,999

All Stars Helping Kids, Inc	The Franklin Family Charitable Fund
Apple Matching Gifts Program	The TJX Foundation, Inc.
Aspiro Adventure	William and Linda Kirvan Family Foundation
Evoke Therapy Programs	

\$1,000 to \$4,999

AmazonSmile Foundation	Enchanted Garden Landscape	PJT Partners
Anonymous	Frankel Family Foundation	Prepare to Bloom, LLC
Apex Facility Resources, Inc.	GE Foundation	R.T. Vanderbilt Trust
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Eberstadt Family Foundation	Pacific Quest	Summit Achievement
		Sutherland Family Foundation

Up to \$999

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AT&T	Lenovo Employees Care	The Jeff and Tracey Gould Charitable Fund
Caterpillar Inc.	Medtronic	The McCance Foundation
Chevron Matching Employee Fund	Microsoft Inc	TisBest Philanthropy
City-As-School HS560	PayPal	TPG
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Google Inc.	Synopsys, Inc.	Xilinx
Guild Mortgage		

Private Donors

\$50,000 and beyond

Lori and Bruce Berman
Lisa and James Colen

Barbara and Michael Krancer
Cecilia Stone

\$10,000 - \$49,999

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\$5,000 - \$9,999

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\$1,000 - \$1,999

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\$1,000 - \$1,999 continued

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Daniel Jones	Jane Pflughaupt	Deidre Wiener

\$500 - \$999

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Tracie Evans	Cheryl Klauss	

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\$500 - \$999 continued

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\$101 - \$499

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